

# Choking Back the Devil: A Haunting and Harrowing True Story of Supernatural Terror

In the annals of paranormal literature, there are few accounts as chilling and unforgettable as Donna Lynch's *Choking Back the Devil*. This gripping memoir recounts the author's harrowing experiences with supernatural forces, demonic possession, and the relentless battle for her sanity and soul.



**Choking Back the Devil** by Donna Lynch

★★★★☆ 4.6 out of 5



Beginning in the quaint New England farmhouse where she lived with her family, Lynch's journey into the realm of the unknown began with a series of unsettling occurrences. Strange noises, flickering lights, and unexplained objects moving on their own created an atmosphere of unease that grew increasingly oppressive.

As the paranormal activity intensified, Lynch found herself plagued by nightmares, sleep paralysis, and a persistent feeling of being watched. Her husband and children witnessed firsthand the terrifying manifestations that

tormented her, from disembodied voices whispering threats to objects flying across rooms with unseen force.

Desperate for answers, Lynch sought the help of paranormal investigators and clergymen. Exorcisms were performed, but the demonic presence seemed to grow stronger with each attempt to expel it. Lynch's health deteriorated, both physically and mentally, as the relentless onslaught of supernatural terror took its toll.

Through it all, Lynch's unwavering faith and determination held her together. She refused to give in to the forces that sought to destroy her, and her fierce spirit became a beacon of hope in the face of unimaginable adversity.

In *Choking Back the Devil*, Lynch paints a vivid and unflinching portrait of her harrowing experiences. Her raw and honest account leaves no doubt about the terrifying reality of demonic possession and the profound impact it can have on the human soul.

But this is not merely a story of horror. It is also a testament to the power of human resilience and the enduring strength of the human spirit. Lynch's unwavering faith and unwavering determination provide a glimmer of hope amidst the darkness, inspiring readers to face their own fears and find strength in the face of adversity.

*Choking Back the Devil* is a must-read for anyone fascinated by the paranormal, true crime, or the resilience of the human spirit. It is a gripping, haunting, and ultimately uplifting account that will stay with you long after you finish reading it.

## Key Details

\* \*\*Title:\*\* Choking Back the Devil \* \*\*Author:\*\* Donna Lynch \* \*\*Genre:\*\* True crime, paranormal, supernatural \* \*\*Publication Date:\*\* June 8, 2021 \* \*\*Publisher:\*\* Beyond the Veil Publishing \* \*\*: 978-1-950244-16-9 (paperback) \* \*\*: 978-1-950244-17-6 (e-book)

## Author's Note

Donna Lynch has dedicated her life to raising awareness about the dangers of demonic possession and providing support to those who have been affected by it. She speaks regularly at conferences and workshops, sharing her experiences and offering hope to others.

For more information about Donna Lynch and her work, please visit her website at [www.donna-lynch.com](http://www.donna-lynch.com).

## Reviews

\* "Choking Back the Devil is a riveting and unforgettable account of one woman's harrowing experiences with supernatural terror. Donna Lynch's raw and honest storytelling will leave you on the edge of your seat and questioning the very nature of reality." - \*\*Lorena Bobbitt, author of Lorena\*\*

\* "Donna Lynch's memoir is a chilling reminder that the line between reality and the supernatural can be blurred. Choking Back the Devil is a must-read for anyone interested in the paranormal or the human capacity for resilience." - \*\*Ed and Lorraine Warren, paranormal investigators\*\*

\* "Choking Back the Devil is a heartbreaking and inspiring story of one woman's battle against the forces of evil. Donna Lynch's unwavering faith

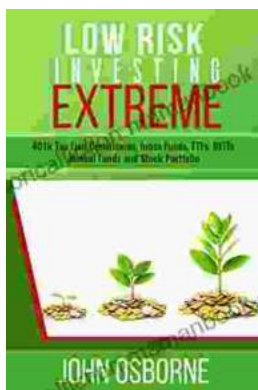
and determination are a testament to the power of the human spirit." -

**\*\*Father Gabriele Amorth, exorcist\*\***



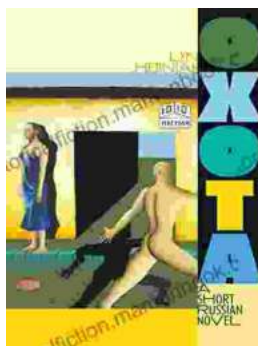
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