

# Appalachian Trail in New Jersey Hiking Guide: Camp Rd to Blue Mtn Lakes Rd

## Overview

The Appalachian Trail (AT) is a legendary long-distance hiking trail that stretches over 2,190 miles from Georgia to Maine. In New Jersey, the AT traverses 72 miles of rugged and scenic terrain, offering hikers a challenging and rewarding wilderness experience.



## Appalachian Trail in New Jersey Hiking Guide - Camp Rd to Blue Mtn Lakes Rd by Leisure Arts

★★★★★ 5 out of 5

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Enhanced typesetting : Enabled  
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This guide covers the section of the AT from Camp Road to Blue Mountain Lakes Road, a distance of approximately 15 miles. This section of the trail is known for its stunning views, steep climbs, and abundant wildlife.

## Trail Map



## Trail Description

The AT enters New Jersey from Pennsylvania at the Delaware Water Gap. From Camp Road, the trail climbs steeply through a forest of oaks and hemlocks. The trail then levels out and follows a ridge line, offering panoramic views of the surrounding mountains.

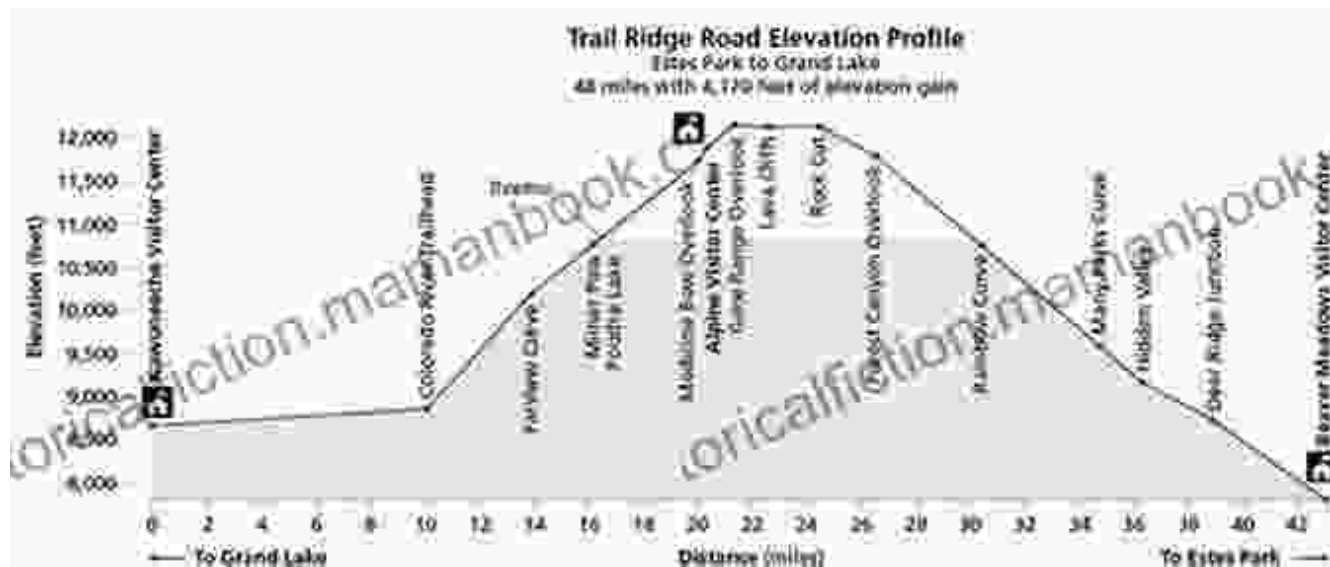
After crossing the New York/New Jersey border, the trail descends into the Wawayanda Creek valley. The trail then climbs again, this time to the summit of Wawayanda Mountain, the highest point in New Jersey. From the summit, hikers can enjoy breathtaking views of the surrounding mountains and valleys.

The trail continues north, crossing several small streams and passing through a variety of forest types. The trail eventually reaches Blue Mountain Lakes Road, where hikers can end their hike or continue on to the next section of the AT.

## Trail Info

- Distance: 15 miles
- Elevation Gain: 3,500 feet
- Estimated Hiking Time: 6-8 hours
- Difficulty: Moderate to Challenging
- Water Sources: Several small streams along the trail
- Camping: Designated campsites are available along the trail

## Trail Elevation Profile



## Wildlife

The AT in New Jersey is home to a variety of wildlife, including deer, bear, moose, and bobcats. Hikers should be aware of their surroundings and take precautions to avoid encounters with wildlife.

## Tips for Hiking the AT in New Jersey

- Be prepared for all types of weather conditions, as the weather can change quickly in the mountains.
- Bring plenty of water and snacks, as there are few water sources along the trail.
- Wear sturdy hiking boots and comfortable clothing.
- Use trekking poles to help with stability and reduce fatigue.
- Hike with a friend or group, and let someone know your itinerary.
- Respect the trail and the environment, and pack out everything you pack in.

The Appalachian Trail in New Jersey is a challenging and rewarding hike that offers stunning views, abundant wildlife, and a true wilderness experience. By following the tips above, hikers can safely and enjoyably experience this iconic trail.



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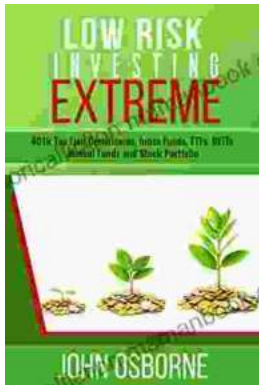
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